

Ideas for Your Family to Read, Pray & Do During Week 3 of Advent

For the third week of Advent, light the candle of Hope, then the candle of Peace, then the candle of Joy (the pink candle).

The third Sunday in Advent is marked by the lighter pink candle, symbolizing joy. We turn from solemn preparation toward joy as we anticipate the coming of the King.

Read: Isaiah 61:1-4; 1 Thessalonians 5:16-18

Pray: God of joy, it is in your love that we find lasting joy. Keep us from seeking happiness in things that will not last. Teach us instead to find joy in the gift of your Son. May his joy fill our hearts and overflow to all we meet this Advent season. Amen.

Do:

1. This time of year, it's easy to think and worry about all the things you haven't done yet for Christmas. Instead, talk together about the gifts God has already given you, in which you can rejoice.
2. Make the time and space to share a meal and a fun experience as a family, such as walking around to look at the Christmas lights. This is such a busy week! Don't miss the joy of sharing the anticipation of Christ's birth.
3. Joy is contagious! And joy multiplies when it is shared. Think of a way your family could spread joy this week, whether it's delivering Christmas cookies or bringing food or donations to a food bank.

Listen: Find a favourite version of "Joy to the World" and sing along, or listen to (or [watch!](#)) this original song by Ellie Holcomb: [Sounding Joy](#). (Note: Parents and kids alike will enjoy Ellie Holcomb's [whole album!](#))